



COMMUNITY HELP CARD

Abuse and Neglect

- Adult & Child Protective Services 855-444-3911
Domestic And Sexual Abuse Services 800-828-2023
National Child Abuse Hotline 800-422-4453
SJC Child Abuse and Neglect Council 269-888-3510

Adoption/Foster/Kinship Care

- Department of Health and Human Services
Licensing and Placement 269-303-3838
Michigan Foster Care Navigator Program ... 855-642-4543
Kinship Care Grandparents & Other
Caregivers Raising Children 269-858-5704
Bethany Christian Services 269-372-8800
Family & Children's Services 269-344-0202
Samaritas (foster & adoption) 269-345-5776
Youth Guidance/Foster Care Adoption 269-969-9438

Child Care and Preschool

- Community Action 269-273-8563 or
(Head Start & Early Head Start) 269-659-9047
Child Care Resources 800-343-3470
Child Care Licensing 866-685-0006
Early Head Start - Childcare 269-467-5400
Great Start Readiness Program 269-467-5400
Great Start Collaborative 269-467-5473

Children with Special Needs

- Children's Special Health Care Services 269-273-2161
Community Mental Health & SA Services 269-467-1000
Early On (Birth - 3 yrs.) 269-467-5400
Great Lakes Center for Autism & Research 269-250-8200
Lending Hands (durable equipment) 269-567-4381
SJC Intermediate School District 269-467-5400

Counseling: Mental Health (MH)

Substance Abuse (SA) Services

- Community Mental Health & SA Services 269-467-1000
CMHSAS After Hours 800-622-3967
K2A Counseling 269-273-0606
National Suicide Prevention Lifeline (MH,SA) 800-273-8255
Psychological Services of SW MI (MH,SA) 269-651-3902
Sturgis Consultation Center (MH, SA) 269-651-9579
Transitions Wellness Center 269-273-2024

Disability Services

- Alzheimer's Association 800-272-3900
Bureau of Services for Blind Persons 800-292-4200
Disability Network of Southwest Michigan 269-345-1516
March of Dimes (Kalamazoo) 269-343-5586
Michigan Rehabilitation Services 877-901-9187
St. Joseph Community Co-op 269-659-4525
Shriners (orthopedic and burns) 800-237-5055

Disaster/Crisis Assistance

- Central Dispatch 269-467-4195
Red Cross 800-382-6382
St. Peter's Comfort Dog Ministry
(Serving crisis and non-crisis needs)..... 269-221-1473

Educational Opportunities

- Amigo Centre (Lifelong Learners) 269-651-2811
Barrows Adult Education School/G.E.D..... 269-279-9581
Centreville Community Education 269-467-5215
Centro V.I.D.A.ext 40209 269-659-1500
Centro DeAyudaext 40205 269-659-1500
Sturgis Adult & Comm. Ed. Center 269-659-1540
MSU Ext.(Michigan State University) 269-467-5511
Glen Oaks Community College 269-467-9945
Driver's Education
-L & L Driving School 269-496-9020
-Michigan Traffic Safety 269-506-5111

Education - Continued

- SJC Early Middle College 269-294-4234
SJC Intermediate School District 269-467-5400
SJC Literacy Council 269-816-2057
Trine University-Centreville Education 260-665-4684

Emergency Shelter

- Domestic and Sexual Abuse Services 800-828-2023
KeyStone Place Inc. 269-467-7078
Kalamazoo Gospel Mission 269-345-2974
Red Cross 800-382-6382

Employment

- Foster Grandparents Program 269-965-7768
Michigan Rehabilitation Services 877-901-9187
Michigan Works! 269-273-2717
Trade Adjustment Assistance 269-273-2717
Youth Opportunities Unlimited 269-775-1660

Financial Assistance

- Community Action (Home Repairs, Utilities) 877-422-2726
Department of Health & Human Services 269-467-1200
Apply for assistance online at www.michiganbridges.michigan.gov
Social Security Administration 800-772-1213

Food and Clothing

- Building Hope Free Store (Centreville) 269-503-5134
Burr Oak Free Store 269-489-2985
Community Clothes Closet (Colon) 269-432-3625
County Closet Free Store (Three Rivers)..... 269-535-2701

- Department of Health & Human Services 269-467-1200
Apply for assistance online at www.michiganbridges.michigan.gov

- Goodwill (Sturgis) 269-659-6339
Goodwill (Three Rivers) 269-279-5375
Kings Closet (at VVXChurch by appointment)..... 269-273-5708
Passing it on From the Heart Free Store . 269-816-1229
Riverside Kids Diaper Bank.....ext 26 269-273-8723
Salvation Army 269-651-4275
Stone Cottage Free Store (Three Rivers) 269-244-4599
Sturgis Nazarene 269-651-1724
WIC Program - Health Department 269-273-2161
Community Action (commodities) 877-422-2726
Pregnancy Helpline, Sturgis 269-659-1100
Pregnancy Helpline of Three Rivers 269-278-2211
UCAP United Community Assistance 269-244-4599
Program

Health Services

- American Cancer Society 800-227-2345
BHSJ Health Department 269-273-2161
CARES (AIDS & HIV services) 800-944-2437
Community Mental Health & SA Services 269-467-1000
Covered Bridge Healthcare 269-467-3228
Fast Care (Meijer Sturgis) 269-625-9160
Gesundheit Student Help & Healing Center 269-659-6519
Healthy Michigan Plan 269-273-2161
Home Health Care & Hospice - Sturgis 269-651-2348
Home Health Care & Hospice - TR 269-278-6108
I-MED (Urgent Care) Walk In Clinic 269-279-6700
Lending Hands (medical equipment) 269-567-4381
Medicaid - Eligibility 269-467-1200
Medicaid - (Michigan Enrolls) 800-975-7630
Michigan Community Dental Centers 877-313-6232
P.A.W.S. Student Clinic 269-273-1418
Poison Control Center 800-222-1222
Pregnancy Helpline of Three Rivers 269-278-2211
Pregnancy Helpline of Sturgis 269-659-1100
Red Cross (CPR /First Aid Training & Cert) 800-733-2767
Sturgis Hospital 269-651-7824
Three Rivers Health 269-278-1145

Housing and Shelter

- The Ark (teen shelter & family support) 800- 873-8336
Community Action (utilities) 877-422-2726
Domestic & Sexual Abuse Services 800-828-2023
Fair Housing Center of Southwest MI ... 866-637-0733
Habitat for Humanity 269-467-4663
Kalamazoo Gospel Mission 269-345-2974
KeyStone Place, Inc. 269-467-7078
Salvation Army (utilities) 269-651-4275
Sturgis Neighborhood Program 269-659-4780
Supportive Service for Veterans
and Families 800.750.9300
True North Community Services- 231-355-5880
emPower heat & energy assistance
USDA Rural Development 269-657-7055
UCAP United Community Assistance 269-244-4599
Program (utilities)

Legal Services & Concerns

- Counsel & Advocacy Law Line 888-783-8190
Farmworker Legal Services 800-968-4046
Friend of the Court 269-467-5570
Legal Aid of W. Michigan (up to 59 yrs) 269-344-8113
Legal Services of South Central 800-688-3951
Michigan (seniors 60+)
Legal Hotline for Michigan Seniors 800-347-5297
Michigan Department of Civil Rights ... 800-482-3604
Mid-America Pension Rights Project .. 866-735-7737
Victims Advocate 269-467-5546

Minority Services

- Centro V.I.D.A.ext 40209 269-659-1500
Farm Worker Legal Services- Migrant,
Immigrant & Seasonal Worker 800-968-4046
Mexican Consulate of Detroit 248-336-0320
Michigan Works! 269-273-2717
NAACP 269-343-4105
Telamon (Hispanic) 269-459-2300

Runaway Services

- The ARK (teen shelter & family support) 800-873-8336
Catholic Charities 269-381-9800
National Runaway Safe Line 800-786-2929

Senior Services

- AARP 888-687-2277
Alzheimer's Association 800-272-3900
Area Agency on Aging 3C 888-615-8009
Commission on Aging 269-279-8083 / 800-641-9899
Lending Hands (durable medical) 269-567-4381
Long Term Care Ombudsman 866-485-9393
MI Choice Medicaid Waiver 800-711-2113
Michigan Medicare Hotline 800-803-7174
Oaks Enrichment Ctr 269-279-8083 / 800-641-9899
Rivers Enrichment Ctr 269-279-8083 / 800-641-9899
Social Security Administration 800-772-1213
TR Home Health Care & Hospice 269-278-6108

Self-Help/Support Groups

- Alcoholics Anonymous 269-467-1107
Alzheimer's Association 800-272-3900
Celebrate Recovery (see Substance Abuse)
CMHSAS Wellness & Recovery and
Peer Support Services 269-467-1001
ext.377
Community Fatherhood 269-282-1340
Disability Network Southwest Michigan 269-345-1516
Family Center Hotline 800-359-3722
(Children's Special Healthcare Needs)
Gambling Hotline 800-270-7117
Great Start Parent Coalition 269-467-5473
HIV/Aids - CARES 800-944-2437
Journey Through Grief Support 269-651-2348
Kinship Care Support Group 269-856-5704
Life Focus (Salvation Army) 269-651-4275
Medicaid - Beneficiary Helpline 800-642-3195
Michigan Tobacco Quit Line 800-784-8669
Narcotics Anonymous 800-230-4085
Stroke Support Group- Three Rivers ... 269-273-9681
Three Rivers Health Grief Support Group 269-278-6108
Thurston Cares Support Group 269-503-7800

Substance Abuse

- Alcoholics Anonymous Hotline 269-467-1107
Celebrate Recovery ,Riverside Church(TR) 269-273-8723
Whole Life Church (Sturgis) 269-503-2567
Celebrate1 (TR) 269-718-6828
St. Paul's Lutheran (Colon) 269-303-4811
Community Mental Health & SA Services 269-467-1000
CMH & SA 24 Hour Crisis Line 800-622-3967
Covered Bridge Healthcare 269-467-3228
Kalamazoo Gospel Mission 269-345-2974
(long term recovery services)
Life Ring Hope House, Sturgis 269-271-0224
St. John's Episcopal, Sturgis 269-319-9983
Co-Dependency Hope House (Sturgis) 269-271-0224
Narcotics Anonymous Hotline 800-230-4085
Southwest Michigan Behavioral Health 800-781-0353
Substance Abuse Task Force ... (ext380) 269-467-1000

- Walk In Help 8am-4pm
Michigan State Police 269-558-0500
Marshall Regional Post #54, 714 Old US 27 N., Marshall, MI 49068

Transportation

- Medicaid Transportation Information 269-467-1200
St. Joseph County Transportation 800-964-5700
Authority 269-273-7808
Driver's Education - See Education

Unemployment Services

- Unemployment Claims Number 866-500-0017
Michigan Works! 269-273-2717

Veteran's Services

- Battle Creek VA Medical Center 269-966-5600
CHAMPVA 800-733-8387
SJC Veterans' Services Advisor 269-467-5557
Supportive Services for Veteran Families 800-750-9300
VA Benefits 269-467-5512
VA Debt Management Service (non-med) 800-827-0648
VA Health Care Benefits Hotline 877-222-8387
VA Resource Center 269-642-4838
VA Suicide Hotline 800-273-8255

Women's Programs

- Domestic & Sexual Abuse Services 800-828-2023
Pregnancy Helpline - Sturgis 269-659-1100
Pregnancy Helpline - Three Rivers 269-278-2211

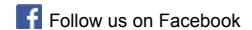
Youth Programs

- 4-H 269-467-5521
Boy Scouts of Southern Shores 269-350-0150
Girl Scouts Heart of Michigan 800-497-2688
Three Rivers Area Mentoring 269-278-8726
Youth for Christ 269-651-1669

Volunteer Opportunities:

- Commission on Aging 800-641-9899
Community Action 269-965-7768
Department of Health & Human Services 269-467-1223
Domestic & Sexual Abuse Services 800-828-2023
Foster Parents 855-642-4543 / 269-467-1200
KeyStone Place, Inc. 269-467-7078
Literacy Council 269-816-2057
MSU Extension 4-H & "Ag-Citing" Programs 269-467-5511
Red Cross 269-353-6180
SJC Child Abuse/Neglect Council 269-888-3510
Salvation Army 269-651-4275
Three Rivers Area Mentoring 269-278-8726
United Way Volunteer Specialist 269-467-9099
Victims Services 269-467-9045

For MORE COMMUNITY RESOURCES, visit www.SJCHSC.org



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To obtain additional assistance, call:

